

Grits and Greens

Serves 1

Ingredients

½ serving quick cooking grits, cooked according to package

½ tablespoon butter

Salt and pepper to taste

1 egg

½ cup collard greens, chopped

2 tablespoons water

Hot sauce, optional

Directions

Pour cooked grits in serving bowl and season with butter, salt and pepper.

In a small skillet, cook the egg to how you like it.

In a microwave-safe bowl, add collard greens and water. Cover tightly and microwave for 2 minutes. Drain water.

Spoon the greens over the grits, then top with the egg. Add hot sauce, if desired.

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