

Kickin' Chicken Stew

Serves 4

Ingredients

1 tablespoon vegetable oil

1 onion, chopped

1 can chicken broth, 14 ounces

2 cups chicken, cooked and diced

1 can diced tomatoes, 14 ounces

1 can diced tomatoes and green chilies, 14 ounces

1 can corn, 14 ounces, drained

Directions

Heat oil in large pan. Add onion and cook until tender.

Add all remaining foods. Bring to a simmer and cook for 30 minutes.

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