

## Cheesy Quesadilla

Serves 1

### Ingredients

Cooking spray

1 tortilla, large

½ cup cheese, shredded

6 baby spinach leaves, chopped

1 tablespoon salsa

### Directions

Spray a skillet with cooking spray and heat on medium heat.

Place tortilla in skillet.

Sprinkle cheese and spinach on half of the tortilla.

Spoon salsa on top of spinach and cheese.

Fold tortilla in half.

Cook for 2 minutes on each side.

Cut into 4 wedges.

This material was funded by USDA's Supplemental Nutrition Assistance Program—SNAP. USDA is an equal opportunity provider and employer. [www.aces.edu/nep](http://www.aces.edu/nep)  
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